

Supporting children in the face of ecological crises



with Jo McAndrews

12/11/19 from 9:30am-4:30pm

Book online: <https://jomcandrews.eventbrite.co.uk> £45 per person

Email contact: coordinator@floxford.org.uk



A event for people living and working with children who are concerned about how best to support children and themselves in the face of the current ecological crisis.

The day will be engaging and experiential. We will explore practical down to earth tools based on contemporary models of neuroscience research, attachment, child development and deep ecology. In this course, participants will learn about and experience:

- The neurobiology of stress regulation and its role in behaviour management
- The function and importance of growing connected relationships with children
- Building resilience now and for the future
- Growing confidence in outdoor nature based education
- Developing emotional capacity to meet the ecological situation.
- Current models of thinking to support a practical approach to working with children

There will also be an opportunity to try out one or two of the practices in Annie Davy's new book "A Sense of Place - mindful practices outdoors" published by Bloomsbury 2019

Flo's - Rymer Lane, Oxford, OX4 3JZ